



**MARCH 7<sup>th</sup>, 2009 – WACO, TEXAS- CAMERON PARK – 4th ANNUAL**

**Events:** 5-0.....50K (31.1 miles) (6:30 a.m. start – 10 hour time limit)  
 2-0.....20 miles – (7:00 a.m. start – 10 hour time limit)  
 1-0.....10 miles – (7:30 a.m. start – 9 hour time limit)  
 Kid-0.....Kid's 1K (or there about), 10 years old and younger (10:30 a.m. start)

**Entry Fees:** 5-0.....\$65.00, on or before Feb. 20<sup>th</sup> , \$75.00 after, \$85.00 race day.  
 2-0.....\$55.00 on or before Feb.20<sup>th</sup> \$65.00 after, \$75.00 race day.  
 1-0.....\$45.00 on or before Feb.20<sup>th</sup>, \$55.00 after, \$65.00 race day.  
 Kid-0.....\$10.00 on or before Feb.18<sup>th</sup>, \$15.00 after and race day.

**NO ONLINE REGISTRATION!!  
 CHECK OR CASH ONLY. CONFIRMATION OF MAILED ENTRY WILL BE VIA EMAIL.**

**RACES ARE LIMITED THIS YEAR! 60 RUNNERS IN 5-0, 70 RUNNERS IN 2-0,  
 80 RUNNERS IN 1-0. CHIP TIMING !**

**LOCATION:** Start/Finish at the Redwood Pavilion in Cameron Park. 2.1 miles west of Interstate 35. Take the University Parks exit and go west.

**COURSE:** In beautiful Cameron Park on the banks of the Brazos and Bosque Rivers. A rocky, hilly, rooty,(but fun) trail. Mostly single track.

**PACKET PICK-UP:** 4:00 – 7:00 p.m. at the Redwood Pavilion on Friday, March 6<sup>th</sup> , or on race morning.

**AID STATIONS:** To be determined.

**AWARDS:** Finishers medals to all. Long Sleeve Cool-max tech running shirt extras to all entrants. Awards to top 3 male/female Open and Masters. Masters is 50 and over.

**POST RACE:** Fajitas, hamburgers, hot dogs, soft drinks, beer and water with all the fixins.

**CONTACT:** Race Director Tim Neckar at 713.724.2611 or email at tneckar@comcast.net

**VOLUNTEER?** If you would like to volunteer, just send an email or call Tim. Free shirt, hat and food for those who do!

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NAME \_\_\_\_\_ 5-0 \_\_\_\_\_ 2-0 \_\_\_\_\_ 1-0 \_\_\_\_\_ Kid-0 \_\_\_\_\_

ADDRESS \_\_\_\_\_ t-shirt XL \_\_\_\_\_ L \_\_\_\_\_ M \_\_\_\_\_ S \_\_\_\_\_ XS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ D.O.B. \_\_\_\_\_

AGE \_\_\_\_\_ SEX \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

**MAKE CHECK PAYABLE TO TIM NECKAR, AND MAIL TO 4403 WIGTON, HOUSTON, TX. 77096**

In consideration of the acceptance of this entry, I assume and complete responsibility for any injury or illness which may directly or indirectly result from my participation in the WACO TRAIL RUNS, and I hereby release and hold harmless the director, sponsors, promoters, officials and all persons and entities associated with the event from any and all injury or damages. I state that I run at my own risk.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_